



# Intuisse

SPA



MAISON HUDSON  
NEW YORK



# *A personalized journey* to nourish your body, mind and soul

Your health and well-being are our priority.

Intuisse Spa offers the latest advancements in longevity science, in an ultra luxurious wellness center, with a variety of treatments to combat aging, fatigue or jet lag.

Experience, outstanding massage therapies, cutting edge facials with the latest Swiss molecular technology, and hyper-personalized IV infusions.

The Spa also features a sauna, steam room, jacuzzi and state-of-the-art gym, with classes taught by some of New York's most sought-after fitness experts from pilates to yoga.

Our Spa Menu has been meticulously curated for your every need.



Bespoke messages



# Therapeutic techniques for the harmony of *body and mind*

Our bodywork treatments are tailored to best support your needs. Help us design your personalized massage by choosing your customizations and let us know your primary areas of focus (pain, stress reduction, relaxation).

At the start of your appointment, your therapist will review your chosen goals and needs to further personalize your treatment.

## BESPOKE MESSAGES\*

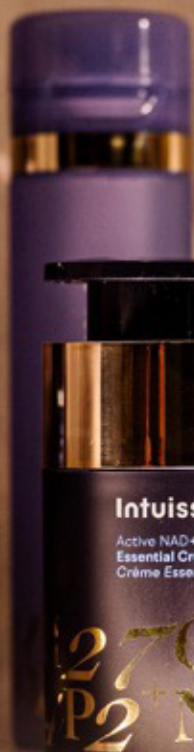
60 MIN	\$300
90 MIN	\$425
120 MIN	\$525

\* Late and early rates + 100 USD (9pm - 9am)

Trust the expert hands of our therapist who will choose, with you, a personalized massage in order to offer you a tailor-made moment where you'll feel totally relaxed.



# Facial treatments



FACIAL TREATMENTS

# Intuisse

Swiss Longevity Science

Introducing Intuisse, Active NAD+ skincare. NAD+, the body's own miracle molecule, is essential to DNA repair and healthy cell lifespan. With age, our intracellular NAD+ levels decline significantly.

Our cutting-edge formulations combine potent clean actives (including peptides, squalane, centella asiatica, prebiotics and natural enzymes), and the latest molecular technology to promote cell renewal and combat signs of aging. By releasing its proprietary formulation of liposomal Active NAD+ directly into skin cells, Intuisse significantly increases collagen, elastin and laminin production for pure radiance.

The result: your skin not only looks healthier, it is healthier.

Clinically proven. Non-GMO.





## FACIAL TREATMENTS\*

Each of our signature facials includes a personalized consultation to optimize your Intuisse experience.

**SIGNATURE 60 MIN** - \$325 (INCLUDES CHOICE OF 1 ADD-ON)

**SIGNATURE 90 MIN** - \$475 (INCLUDES 2 ADD-ONS)

**CHOICE OF ADDITIONAL ADD-ONS** - \$75 EACH

\* Late and early rates + 100 USD (9pm - 9am)

Immerse yourself in the rejuvenating power of our Active NAD+ liposomal formulations, stimulating cellular renewal and unlocking your skin's natural luminosity. The Intuisse signature facial addresses your skin's unique needs by activating collagen production, improving hydration and supporting skin-barrier function. Revel in the transformative effects with our custom add-ons for firmer, tighter skin, refined texture, improved appearance of pore size and fine lines, and a radiant complexion.

All Intuisse signature facials include:

- Deep cleanse
- Optional extraction
- Gentle exfoliation
- Personalized combination of serums and mask
- Lifting facial massage, using electro muscle stimulation
- Depuffing eye treatment
- Intensive hydration for instant glow

## ADD-ONS

### OXYGENATION

Indulge in our rejuvenating oxygenation treatment, where the healing power of oxygen meets the transformative glow of LED light. This blissful combination not only revitalizes your skin but also enhances your overall well-being, leaving you with a radiant and luminous complexion.

### EXTENDED MASSAGE THERAPY

If your goal is relaxation, elevate your facial experience with an extended, personalized head and scalp, hand, or shoulder massage.

NADclinic



NADCLINIC



## REACH NEW LEVELS OF HEALTH

Launched in 2018, NADclinic Group has quickly grown into one of the world's best known and leading brands within the Longevity & Human Performance space.

Headquartered in London and operating in over 20 countries across Europe, Asia, Africa and global leader in the supply of Pharma Grade NAD+ IV, NADclinic are now entering the US in collaboration with Maison Hudson Residences, as part of our international collaboration with Intuisse Spa.

NADclinic are at the forefront of a wellness revolution, using NAD+ as a holistic therapeutic, and pioneering hyper-personalisation, to support longevity and optimised human performance. We also strongly believe in delivering the most advanced diagnostics, well-tech systems and science backed IV protocols to those who seek a longer, healthier, and more vital life.

NADclinic as a group have a passion for well-being that positions preventative health innovation and longevity, firmly within the landscape of 5\* wellness hospitality.

## BENEFITS OF THE THERAPY

Nicknamed "The Fountain of Youth" NAD+ IV Therapy is probably the most advanced protocol for anti-aging and detoxification available today and is a safe and efficient way to improve your body's metabolic processes. NAD+ also plays a crucial role in regulating our DNA repair, lengthening telomeres and protecting our bodies from disease and illness, whilst reducing oxidative stress, optimising cellular health and reversing the signs of aging.

## SINGLE INFUSION

### EXECUTIVE PLUS IV INFUSION

Guaranteed to rehabilitate any battle weary CEO, senior corporate or career-hungry executive. Return to the top of your game within just a few hours.

Duration  
120 mins

Price  
\$999.00

### ANTI FATIGUE IV INFUSION

Our proprietary blend of NAD+ will give your system the boost it needs to effectively fight chronic fatigue.

Duration  
90 mins

Price  
\$639.00

### SIGNATURE DETOX IV INFUSION

Our one-day infusion works to detox and energise your system reduce ageing and boost your brain. Improve your body, mind regeneration and performance.

Duration  
120 mins

Price  
\$639.00

### FAT BURNER IV INFUSION

Our Fat Burner IV Infusions effectively target stubborn areas of body fat.

Duration  
60 mins

Price  
\$639.00

### VITAMIN IMMUNE BOOSTER IV INFUSION

This infusion utilises immune-boosting ingredients to deter illness, fight stress and fortify your immune system.

Duration  
90 mins

Price  
\$639.00

### COMBAT JET LAG IV INFUSION

Try this infusion as a quick, reliable pick-me-up when a flight places strain on your mind and body.

Duration  
75 mins

Price  
\$519.00

## PROGRAM INFUSIONS

NAD+ Executive Plus IV Programme

Duration  
5 sessions

Price  
\$3,990.00

Bespoke Programmes

Duration  
Tailored

Price  
POA

## DIAGNOSTICS

### NADclinic NAD+ Level Test

NAD+ is a critical coenzyme found in every cell in our body. It turns nutrients into energy and drives crucial metabolic processes by regulating cellular function. Measure and improve your biomarkers and enhance your wellbeing.

Duration  
30 mins

Price  
\$259.00

### NADclinic BioAgeTest

It can accurately determine your body's biological age. There is no longer a need to count your age by birthdays, or by the frown lines on your face. They are only numbers, and they do not matter.

Duration  
30 mins

Price  
\$649.00

### NADclinic BioGenetic 360 Test

By analysing 384 genetic variations, it helps you understand your body better to prevent heredity disease, offering nutrition related parameters to provide recommendations for appropriate health and nutritional advice tailored just for you.

Duration  
30 mins

Price  
\$899.00

## ADD-ONS\*

Vitamin B12

Duration  
20 mins

Price  
\$69.00

Vitamin C

Duration  
20 mins

Price  
\$69.00

Vitamin D

Duration  
20 mins

Price  
\$69.00

CoQ10

Duration  
20 mins

Price  
\$69.00

\*Complimentary Add-ons for each couples infusion booking

Dual NADclinic  
& Intuisse treatments



**NADclinic**  
PERSONALISED LONGEVITY

## DUAL NADCLINIC & INTUISSE TREATMENTS

Immerse yourself in a holistic experience, where health, beauty and well-being meet. Imagine perfect harmony between the regenerative benefits of NADclinic's intravenous infusions, designed to boost your energy, strengthen your immune system and optimize your physical and mental well-being. Combine this inner revitalization with Intuisse's advanced facial care technology, celebrating the essence of natural beauty with innovative customized treatments for radiant, glowing skin.

## INFUSIONS SIGNATURES + INTUISSE SIGNATURES

	Duration Intuisse signature	Price
<b>EXECUTIVE PLUS IV INFUSION, 120 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$1,324.00 \$1,474.00
<b>ANTI-FATIGUE IV INFUSION, 90 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$964.00 \$1,114.00
<b>SIGNATURE DETOX IV INFUSION, 120 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$964.00 \$1,114.00
<b>FAT BURNER IV INFUSION, 60 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$964.00 \$1,114.00
<b>VITAMIN IMMUNE BOOST IV INFUSION, 90 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$964.00 \$1,114.00
<b>COMBAT JET LAG IV INFUSION, 75 MIN</b>	+ INTUISSE SIGNATURE, 60 MIN + INTUISSE SIGNATURE, 90 MIN	\$844.00 \$994.00

# Wellness & Fitness



# Escape to Tranquility: Discover the *Intuisse Spa* Experience

In the heart of the city, there exists a hidden sanctuary, an oasis of relaxation and rejuvenation. Welcome to Intuisse Spa, where we are dedicated to your health and wellness, providing an exquisite escape from the hustle and bustle of everyday life.

## FACILITIES THAT INSPIRE BLISS

Step into our world of tranquility, where our facilities have been carefully designed to transport you to a realm of relaxation. You'll find:

**TREATMENT ROOMS:** Our two well-appointed treatment rooms are havens of serenity. Skilled therapists await to provide you with bespoke treatments that cater to your individual needs, whether it's a bespoke massage, a rejuvenating facial or a personalized IV infusion.

**SAUNA:** Experience the gentle warmth of our sauna, a timeless ritual to cleanse the body and rejuvenate the soul. The sauna promotes circulation, eases tension, and helps detoxify, leaving you feeling invigorated.

**HAMMAM / STEAM ROOM:** Our hammam offers a gentle mist that envelops you, releasing stress and promoting deep relaxation. The warm steam opens your pores, cleansing your skin and soothing your body.

**JACUZZI:** Immerse yourself in our Jacuzzi, where warm, bubbling waters ease away tension and stress. Let the gentle hydrotherapy of the Jacuzzi melt your cares away.



## Indulge *in Tranquility* at our Tisanerie

Welcome to Intuisse Spa, where relaxation and rejuvenation are at the heart of everything we do. As you embark on your wellness journey, allow us to introduce you to a sanctuary within our oasis - the Tisanerie.

### WHAT IS A TISANERIE?

A Tisanerie is more than just a tea service; it's an integral part of your spa experience. Derived from the French word "tisane," meaning herbal infusion, it embodies the essence of holistic wellness. At our Tisanerie, we've curated an exquisite selection of herbal teas and refreshments, thoughtfully chosen for their calming, revitalizing, and therapeutic qualities.

Join us in the Tisanerie, where your wellness journey continues. Immerse yourself in the serene embrace of soothing teas, calming atmosphere, and the knowledge that you are taking an essential step toward nurturing your body and soul.

Discover the art of relaxation, one cup at a time, at Intuisse Spa.



## Your *Fitness Journey* Begins Here

At our state-of-the-art gym, we believe that fitness is an essential component of a holistic wellness lifestyle. It's not just about building strength; it's about nurturing your well-being, enhancing your vitality, and embracing a healthy, active life.

As you step into our gymnasium, you embark on a journey toward a healthier, stronger, and more vibrant you. It's a journey of self-discovery and empowerment, guided by our commitment to your well-being.

### PRIVATE TRAINING MENU

PERSONAL TRAINING	1 SESSION (60 MIN) - \$200
	10 SESSIONS - \$1,500
PILATES	60 MIN - \$300 / 90 MIN - \$425
YOGA	60 MIN - \$300 / 90 MIN - \$425



Information

## BOOKING A TREATMENT OR SERVICE

All treatments require twenty-four-hours notice to book. Please ensure to schedule your appointments accordingly. Please make all bookings and payments at the concierge desk.

Treatments are available daily from 9am - 8pm and by special arrangement for all other times.

Additional charges of \$100 per treatments between 7am - 9am and 8pm - 11pm.

Treatments between 11pm - 7am will be charged at double the rate of the treatment.

Some treatments can be arranged in your room. For this service, a supplement of \$75, in addition to the treatment will be charged.

## FEES

All prices are in US Dollars and are exclusive of sales tax as currently mandated by New York City and State. For your convenience a 20% gratuity will be automatically added to each service.

## YOUR ARRIVAL

We advise you to arrive 15 minutes before your scheduled reservation in order to have enough time to change.

In the event of any delays, the time of your treatment will be reduced so that we can continue to honour our following reservations on time. In the changing rooms we provide robes, towels, slippers and amenities.

## HEALTH CONDITIONS

We reserve the right to refuse treatments based on your health condition. Many treatments are forbidden for women who are less than 3 months pregnant. Please inform us about your health condition at the time of making your reservation or upon your arrival.

## CHILDREN

Children under 18 must be accompanied by a responsible adult.

## CANCELLATION POLICY

The purchase of a treatment is non-refundable. All appointments can be changed up to 72 hours before the treatment.

## DRESS CODE

Robes, slippers and disposable underwear are available at the spa. Sport shoes are compulsory in the fitness studio. Flip-flops and slippers are not allowed.



# THE COLLECTION

EVERLASTING MEMORIES

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